

# Intercropping alfalfa and sainfoin with sunflower boosts forage production, soil health, and biodiversity

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Resilience



Intensification of crop production

Reduced  
crop  
diversity

Soil  
erosion

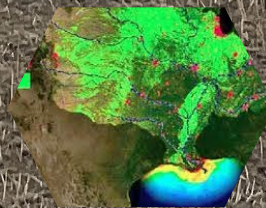
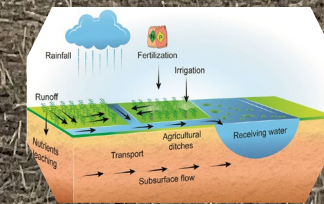
Loss bio  
diversity

Nutrient  
losses

GHG  
emissions

Reduced  
Ecosystem  
quality

Produce more from the same area of land while  
reducing negative environmental impacts,  
conserving natural resources, and enhancing  
healthy ecosystem services (FAO)



# What can we do?



Sainfoin

Alfalfa



- Conservation tillage:
  - No-till, minimum tillage
- Increase crop diversity
  - Use cover crops
  - Use N<sub>2</sub>-fixing legume crops
  - Intercropping
  - Integrate perennial legumes
- Increase nutrients use efficiency
  - Reduce nutrient losses
  - Enhance soil microbiome



Increase  
Crop diversity

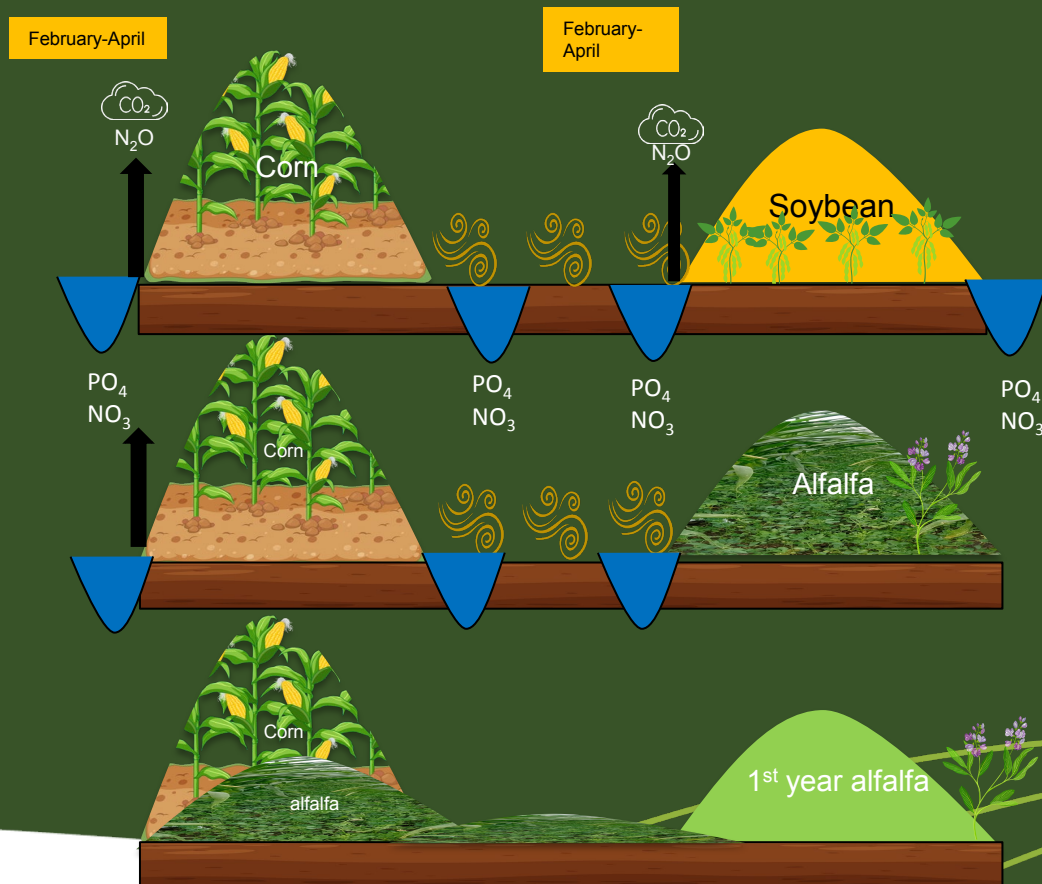
Integrating alfalfa  
into annual  
cropping systems

Increase  
Profitability  
Resilience

Reduce nitrate  
losses and nitrous  
oxide emissions

Reduce soil  
erosion  
GHGs

Increase  
biodiversity



Agricultural  
Resilience



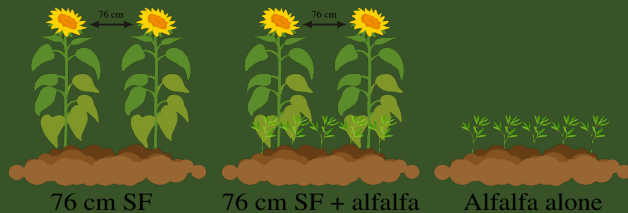
# Objectives

## **Establishing alfalfa/sainfoin through intercropping with sunflowers in a two-year cropping system**

- To determine the economic impact of establishing alfalfa or sainfoin intercropped with oilseed sunflower
- To determine the yield and forage nutritive value
- To assess impact of intercropping to arthropod biodiversity

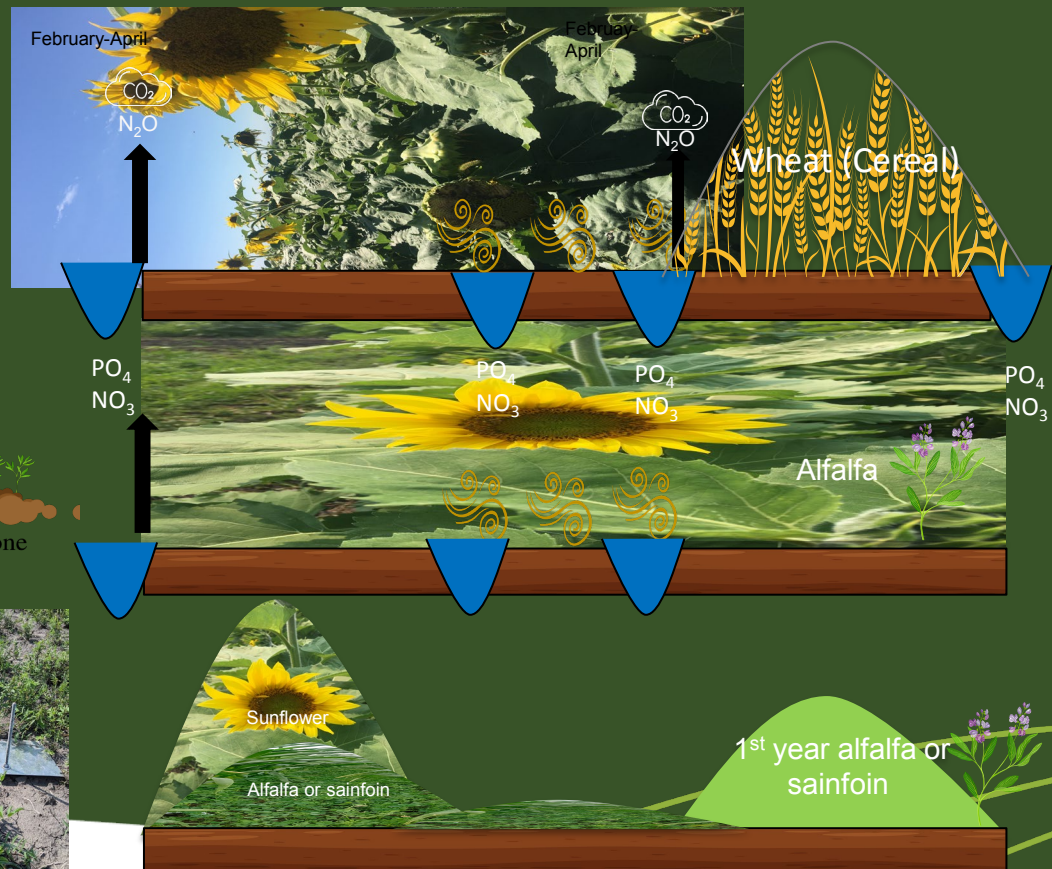
# Methods

07 Treatments ( alfalfa and sainfoin)  
02 Locations (Hickson & Prosper)  
02 N rate (40 & 80 N kg/ha)  
RCBD



## Data collection

- Achene yield
- Forage yield
- Forage nutritive value
- Insect diversity over time

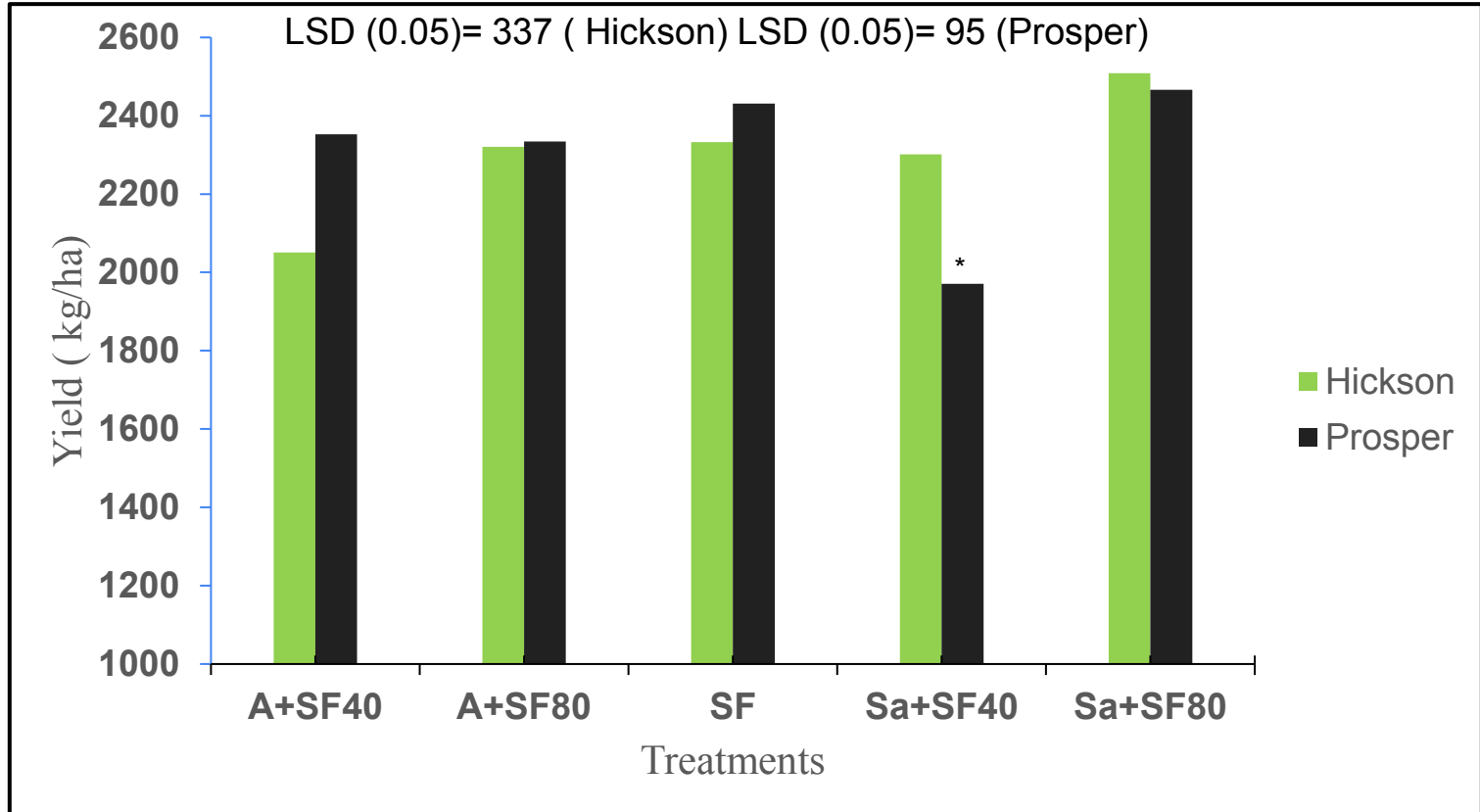




# Results

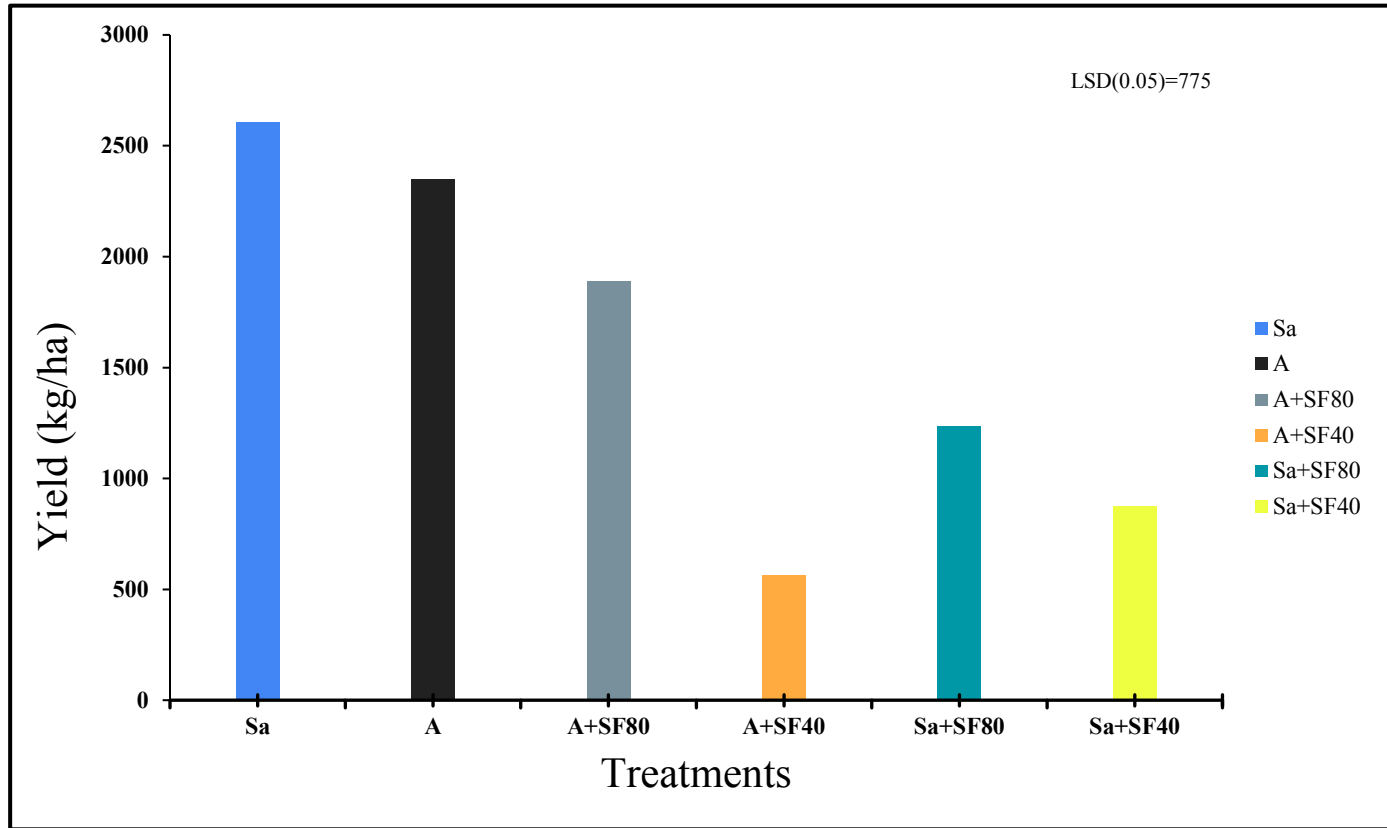


# Sunflower achene yield

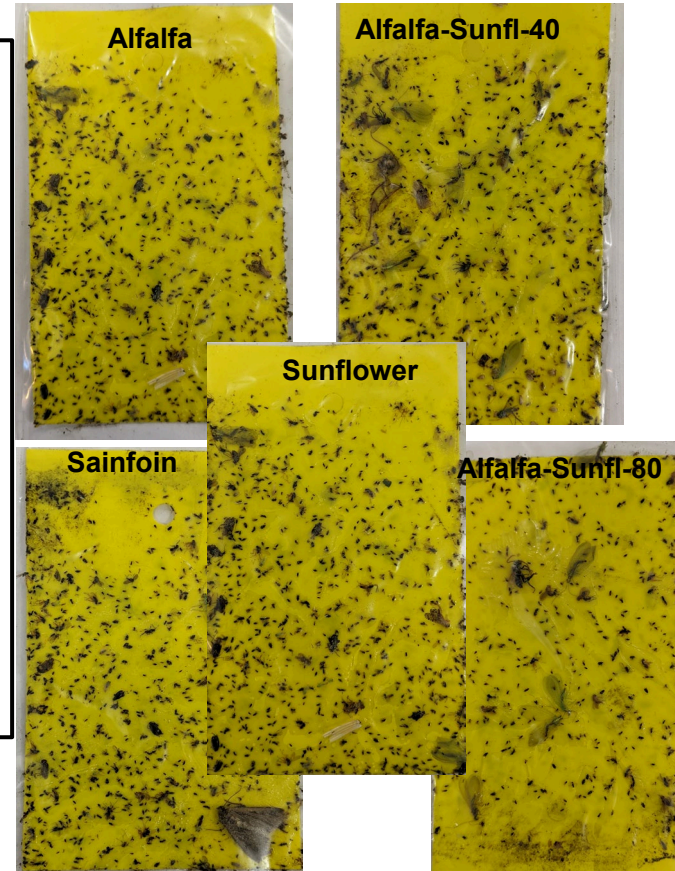
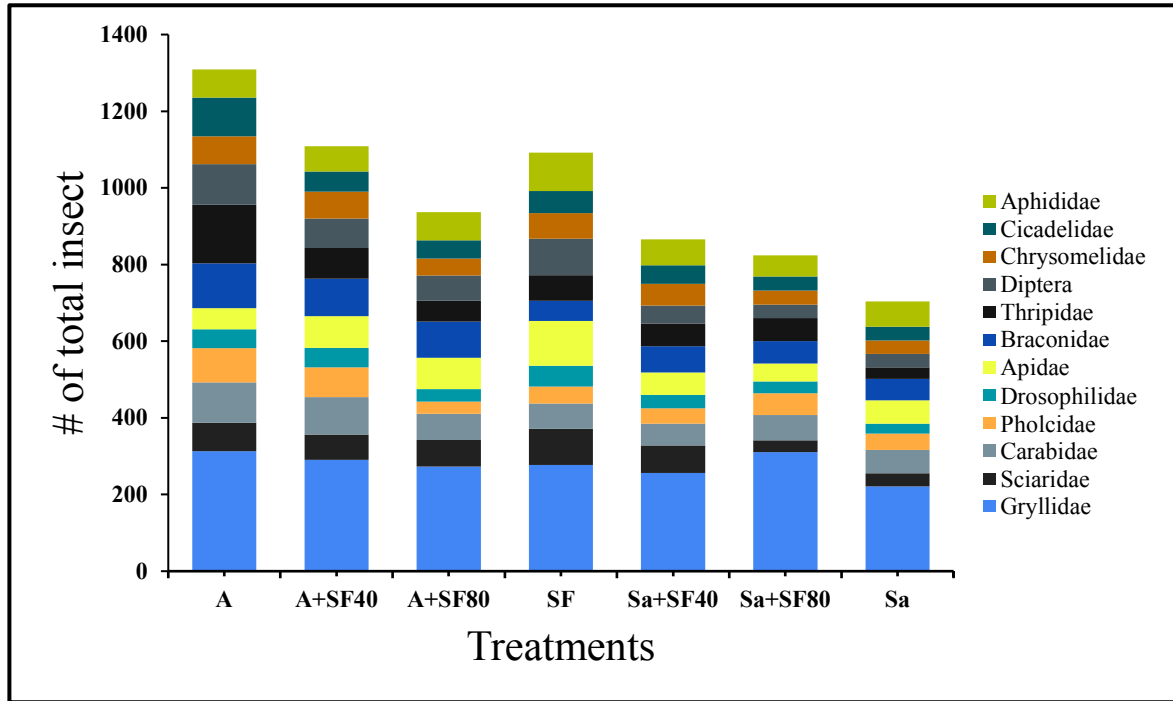




# Alfalfa/sainfoin forage yield (establishment year)



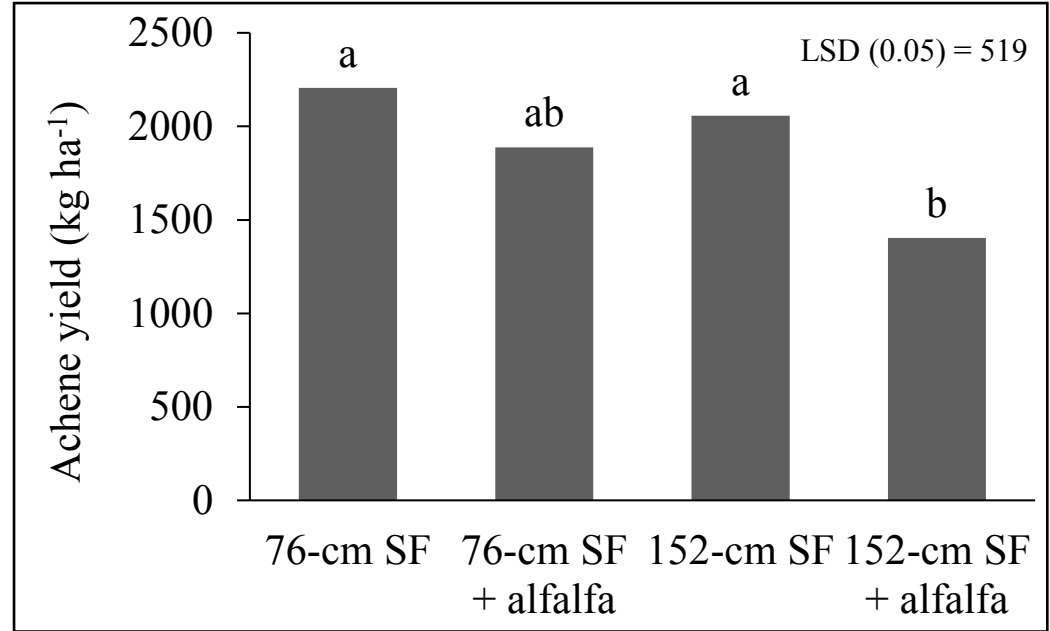
# Biodiversity



- 19 families identified so far

# Sunflower/intercropping

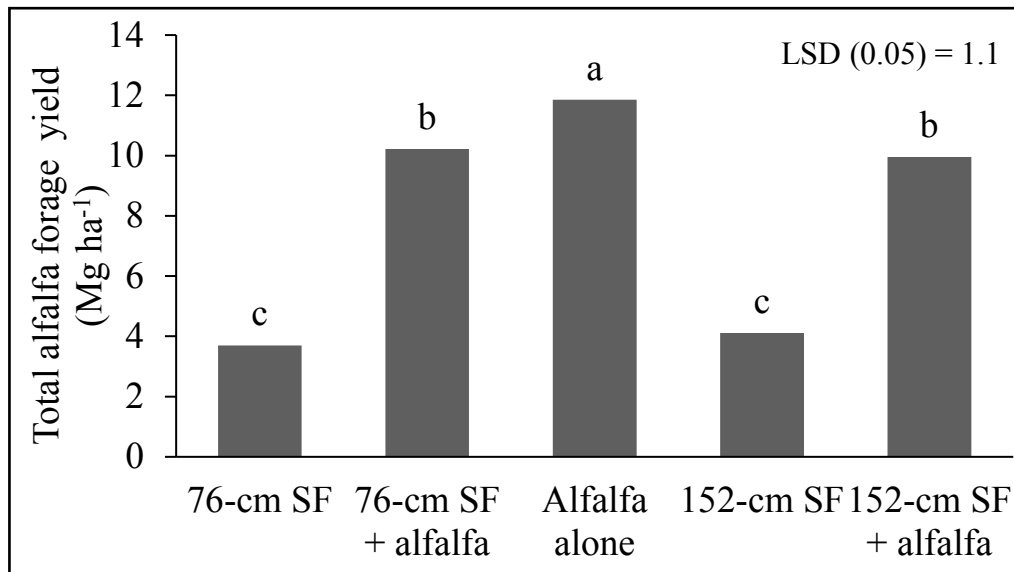
- Sunflower yield impacted by treatments
- Oilseed content and fatty acid profile not impacted





# Alfalfa forage yield- first production year

- Intercropping alfalfa with sunflower at different row spacings did not impact alfalfa stand counts or height in Year 2
- It did impact total seasonal yield (difference in Cut 1), but was greater than newly spring-seeded alfalfa



Alfalfa in the 76-cm SF and 152-cm SF was planted in early-spring 2022.

# Conclusions



- Sunflower achene yield was not influenced by intercropping
- Alfalfa established well under the sunflower canopy, no differences in stands
- Forage yield of alfalfa in the first production year was lower in alfalfa coming from intercropping compared with alfalfa alone
- Sainfoin plant density was affected by intercropping
- Insect diversity was higher in intercropped plots



## *Acknowledgements*

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